

Shri Hanuman Chalisa

***Mangala Murti, Maruta Nandana
Sakala Amangala Mula Nikandana***

(invocation)

***Shri guru charana saroja raja
Nija manu mukuru sudhari
Varanao raghubara vimala jasu
Jo dayaku phala chari***

***Budhi hina tanu Janike
Sumirau pavana kumara
Bala budhi vidya dehu mohin
Harahu kalesa vikara***

1.
***Jaya Hanumana gyana guna sagara
Jaya Kapisha tihun loka ujugara***

2.
***Rama doota atulita bala dhama
Anjani-putra pavana suta nama***

3.
***Mahavira vikrama bajarangi
Kumati nivara sumati ke sangi***

4.
***Kanchana varana viraj subesa
Kanana kundala kunchita kesha***

5.
***Hatha vajra aur dhuvaja viraje
Kandhe muja janehu sajay***

6.
***Shankara suvana kesri nandana
Teja pratapa maha jaga vandana***

7.
***Vidyavana guni ati chatur
Rama kaja karibe ko aatur***

8.
***Prabhu charitra sunibe ko rasiya
Rama Lakhana Sita mana basiya***

Embodiment of happiness, Oh Son of the wind.
You remove all unhappiness at its root.

I cleanse the mirror of my mind with the
dust of my Guru's Holy Lotus feet. I Profess the pure,
untainted glory of Shri Ram (Raghuvara) bestower of the
four fruits of life.(Dharma, Artha, Kama and Moksha).

Fully aware of my ignorance I concentrate my attention
on Hanuman (Pavana Kumara) and humbly ask for strength,
intelligence and wisdom to free me from the pain of my
suffering and all blemishes. I take refuge at the feet of Ram.

Victory to thee, O'Hanuman! Ocean of Wisdom-All
hail to you O'Kapisa! (fountain-head of power, wisdom
and Shiva-Shakti) You illuminate and enlighten all the three worlds
(entire cosmos) with your glory .

You are the divine messenger of Shri Ram. The
abode of immeasurable strength, though known
only as the son of Pavana (Wind), born of Anjani.

Valiant and brave with a lightening-like body and limbs as sturdy as
Vajra (The mace of God Indra) You dispel the darkness of ignorance
and evil thoughts, and those who are wise accept you as their
companion.

You are beautifully golden coloured and your dress
is pretty. You wear ear rings and have long curly hair.

You carry in your hand a lightening bolt along with a victory banner
(kesari) flag and wear the sacred thread across your shoulder.

You are the incarnation of Lord Sankara (Shiva), and you are the
comfort and pride of Shri Kesari. With the lustre of your vast sway,
you are praised all over the universe.

Full of wisdom you are the repository of learning. You are virtuous
and always keen to carry out Shri Ram's request.

You are an ardent listener, ever immersed in the nectar-like
stories of Shri Ram's Life. Your heart is filled with
what Shri Ram stood for. You therefore always live in the

9.
***Sukshma roopa dhari siyahi dikhava
Vikata roopa dhari Lanka jarava***
10.
***Bhima roopa dhari asura sanghare
Ramachandra ke kaja sanave***
11.
***Laya sanjivana Lakhana jiyaye
Shri Raghuvira harashi ura laye***
12.
***Raghupati kinhi bahuta baraye
Tuma mama priya Bharata-hi sam bha-i***
13.
***Sahasa bandana tumharo yasha gaave
Asa kahi Shripati kantha lagaave***
14.
***Sankadika Brahmadi munisa
Narada Sarada sahita ahisa***
15.
***Yama Kuber Digapala Jahan te
Kavi kovida kahi sake kahan te***
16.
***Tuma upkara Sugrivahin kinha
Rama milaya raja pada dinha***
17.
***Tumharo mantra Vibhishana mana
Lankeshwara bhaye suba jaga jana***
18.
***Yuga sahastra jojana para bhanu
Lilyo tahi madhura phala janu***
19.
***Prabhu mudrika meli mukha mahi
Jaladhi langhi gaye achraja nahi***
20.
***Durgaama kaja jagata ke jete
Sugama anugraha tumhare tete***
- hearts of Shri Ram, Lakshman and Sita.
- You took on a small form to appear before Sita and spoke to her in humility. You assumed a huge awesome form and struck terror by setting Lanka on fire.
- As a warrior with over-whelming might you destroyed the Asuras (demons) and with great skill performed all tasks assigned to you by Shri Ram
- You brought Sanjivan (A herb that revives life) and restored Lakshman back to life, Shri Raghuvir (Shri Ram) cheerfully embraced you with his heart full of joy.
- Shri Raghupati (Shri Ram) lustily praised your excellence and said: "You are as dear to me as my own brother Bharat."
- As Shri Ram warmly hugged him again he said "Thousands of voices praise your glories"
- When prophets like Sanaka, sages like Lord Brahma, the great hermit Narada himself, Goddess Saraswati and Ahisha (one of immeasurable dimensions)...
- And even Yamaraj (God of Death) Kubera (God of Wealth) and the Digpalas (deputies guarding the four corners of the Universe) compete with one another to offer homage to your glories, how then can a mere poet give adequate expression of your super excellence?
- You rendered a great service to Sugriva. You untied him and brought him to Shri Ram who made him King on the Royal Throne
- By heeding your advice, Vibhishana became Lord of Lanka and known throughout the world.
- As a youth you leaped 1,000 leagues to the Sun, which is at a fabulous distance of thousands of miles, thinking it to be a sweet luscious fruit.
- So it is hardly any wonder that you easily leapt across the ocean carrying the Lord's Signet Ring.
- The burden of any difficult task of the world becomes light with your kind grace.

21.
Rama duare tuma rakhvare
Hota na agya binu paisare
- You are the sentry at the door of Shri Ram's Divine Abode.
No one can enter it without your grace.
22.
Suba sukha lahai tumhare sharana
Tuma rachaka kahu ko dara na
- All happiness lies at your feet. The devotees who take refuge in you enjoy all divine pleasures and feel fearless at your feet.
23.
Aapana teja samharo aapai
Tinhon lok hanka te kanpai
- You alone are befitted to carry your own splendid valour. All the three worlds tremble at your thunderous call.
24.
Bhuta pisacha nikata nahin aavai
Mahavira jaba naama sunavai
- All the ghosts, demons and evil forces keep away, with the sheer mention of your great name, O'Mahaveer!! (Oh great brave one!)
25.
Nase roga harai saba pira
Japata nirantara Hanumanta bira
- Oh Brave Shri Hanuman, all diseases, pain and suffering disappear on constant repetition of your holy name.
26.
Sankata te Hanumana churavai
Mana krama vachana dyana jo lavai
- Oh Hanuman you remove the troubles of those who remember you with sincerity and faith in thought, words and deeds.
27.
Saba para Rama tapasvi raja
Tina ke kaja sakala Tuma saja
- The ascetic lord and king Ram is supreme and for all who hail, and worship Shri Ram, You make all their difficult tasks very easy.
28.
Aur manorata jo koi lavai
Sohi amita jivana phala pavai
- Whosoever comes to you for fulfillment of any desire with faith and sincerity, Will obtain divine nectar - the imperishable fruit of human life.
29.
Charon yuga partapa tumhara
Hai parasiddha jagata ujjara
- All through the four ages your magnificent glory is acclaimed far and wide. Your fame enlightens the entire universe.
30.
Sadhu santa ke tuma rakhware
Asura nikandana Rama dulhare
- You are Saviour and the guardian angel of Saints and Sages and destroy all Demons. You are the angelic darling of Shri Ram.
31.
Ashta sidhi nau niddhi ke dhata
Asa vara dina Janaki Mata
- By Mother Janaki's blessing, You can grant to any one, any of the eight yogic powers, and the Nine Nidhis (Treasures such as wealth, comfort, power, prestige, fame, sweet relationships etc.)
32.
Rama rasayana tumhare pasa
Sada raho Raghupati ke dasa
- Through your devotion, You possess the true essence of Shri Ram. You always remain Shri Ram's most dedicated servant.
- 33.

***Tumhare bhajana Rama ko pavai
Janama janama ke dukha bisaravai***

Through devotion to you, one can find Shri Ram and the sufferings of several births are left behind.

34.
***Ungtha kaala Raghuvira pura jae
Jahan janama Hari-Bhakta Kahayi***

At the time of death one enters the divine abode of Shri Ram, and thereafter in all future births he is born as the Lord's devotee.

35.
***Aura devata chita na dharehi
Hanumanta sahi sarva sukha karahi***

One need not call on any other Gods, as devotion of Shri Hanuman alone can give all happiness.

36.
***Sankata kate mite saba pira
Jo sumirai Hanumata balabira***

One is freed from all the sufferings and difficulties of rebirth. One all who adore and remember brave and powerful Hanuman.

37.
***Jai Jai Jai Hanumana gosae
Kripa karahu gurudeva ki nahin***

Hail, Hail, Hail, Shri Hanuman, Lord of senses. Let your victory over the evil be firm and final. Bless me in the capacity as my supreme guru (liberator).

38.
***Jo sata bara patha kara kohi
Chutahi bandhi maha sukha hohi***

One who recites this Chalisa 100 times, becomes free from the bondage of life and death and enjoys the highest bliss at last.

39.
***Jo yaha parai Hanumana Chalisa
Hoya siddhi sakhi Gaurisa***

All those who read this Hanuman Chalisa become perfect. As Shiva (Shankara) is witness.

40.
***Tulsidasa sada Hari chayra
Ki Jai natha hridaya mahan dayra***

Tulsidas, always Shri Ram's servant, stays perpetually at his feet, he prays "Oh Lord! Please make my heart and soul your home (shrine)"

(doha)
***Pavantanaya sankata harana
Mangala murti rupa
Rama Lakshana Sita sahita
Hridaya basahu sura bhupa***

Oh! Son of the Wind, Destroyer of all miseries, you are the embodiment of Happiness and Auspiciousness.

Along with Shri Ram, Lakshman and Sita, please dwell in my heart.

Oh! King of Gods.

Siya vara Ramachandra pada jai sharanam

I take refuge at the feet of Sita's husband, Ram.